# CBT FOR OCCUPATIONAL STRESS IN HEALTH PROFESSIONALS%0A

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So there is probably an identifiable need in the occupational health setting given the numbers of people seen with mental health problems arising from occupational or other stress. In most areas, there is probably an unmet need with lengthy waiting lists and a lack of appropriately trained therapists. So it is likely that individuals with such conditions have more prolonged absence and it becomes ever more difficult to support people back into the workplace.

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